



A Visual Guide

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Hello!

We look forward to welcoming you to the **Relaxed Episode** as part of **The London 50-Hour Improvathon 2026** at the **Pleasance Theatre, London** on **Saturday 28th February, 11am**. This guide will walk you through the episode you will see and the venue you will attend for your visit.

We hope you are excited to see the show!

For further information or questions, please visit the [Venue Website \(access info\)](#) or contact the venue box office at 020 7609 1800.

What is a Relaxed Episode?

A relaxed episode is open to everyone but tailored to support audiences who may benefit from a more chilled out atmosphere to enjoy this year's bodacious adventure. **We'll adjust the lights and sound and our attitude towards re-entry, audience noise and movement is *'that's awesome dude'*.**

This episode intends to make live theatre more accessible, ensuring everyone can enjoy the show in a comfortable setting, without fear of judgment.

In a relaxed episode, the room will not be as dark, and the sound will not be as loud. Others watching the show may make more noise and move around more.

What is an Improvathon?

The London 50-Hour Improvathon is a completely improvised comedy soap opera that runs continuously for 50 hours, right through the nights! The format was originally developed by award-winning Canadian troupe 'Die Nasty,' where the event was later brought to London.

As performers go without sleep, they play with a wild freedom you won't see anywhere else, providing an unpredictable, hilarious, 'you had to be there' experience.

Most improvathons, such as this one, are performed in episodes with short breaks in between.

How Long Will Each Episode Last?

The running time for the **Relaxed Episode** as part of *The London 50-Hour Improvathon 2026* is **100 minutes** (1 hour 40 minutes), with **no intervals**. **If you need to get up and leave the room to take a break or use the toilet, you can do so whenever you want.**

What Will Happen When I Go to the Theatre?

Venue: Pleasance London (Main House)

Address: 5 Carpenters Mews, North Road, N7 9EF

The Nearest Stations:

Underground– Caledonian Road (Piccadilly Line)

Overground– Caledonian Road & Barnsbury

Public Transport: Bus Routes 259, 17, 91, 274, 153, 393

By Car: On street metered parking is available on North Road. Parking is free after 4.30pm and on weekends and bank holidays.

Taxis can drop off outside the venue on North Road.

If you are at the theatre and have any questions, please approach a member of the staff at the bar or box office, both located in the main foyer, where a member of the Pleasance team will happily help you.

Access–

The **Main House** is located on the entrance level of the building. There are accessible tables at the front of the stalls, suitable for wheelchair users, **please contact the box office about booking these.**

The main house has three levels: **the stalls** (with a small raised back section), **the circle** and the **upper circle/balcony**.

To access **the circle** there are **8 steps** (with a handrail on each side) from the stalls and an **additional 6 steps** (with a handrail on each side) to the **upper circle/balcony level**.

Seating is movable in each of the three levels of the space except for the high benches in the Circle/Upper Circle and button stools in the balcony.

For a ground plan and indication of lighting and sound in the space please contact Pleasance production team at londontechnical@pleasance.co.uk.

Amenities–

Toilets are located through the door to the left of the bar; all are gender-neutral. There are **7 cubicles** and **1 access toilet**. There are no changing places, the nearest one is at Centre 404, a 10 minute way away at 404 Camden Road, London, N7 0SJ.

Please let us know if you would like additional support or early access to your scheduled visit. Staff are trained to assist with access bookings. For further access related inquiries, please contact **020 7609 1800** or the access team at access@pleasance.co.uk.

The Cast– There are approximately **18** actors in the **relaxed episode**, as well as a band composed of a keyboard, percussion and guitar. The band will also be improvising throughout, and a director who will be speaking through a microphone amplified through speakers.



Name: Alan Cox
Character: Mitch Drifter



Name: Alicia Mugford
Character: Paige Turner



Name: Belinda Cornish
Character: Tomasina Piglet



Name: Dylan Emery
Character: Deputy Frank Goodness

The Cast



Name: Helen Foster
Character: [REDACTED]



Name: John Oakes
Character: Skip Intro

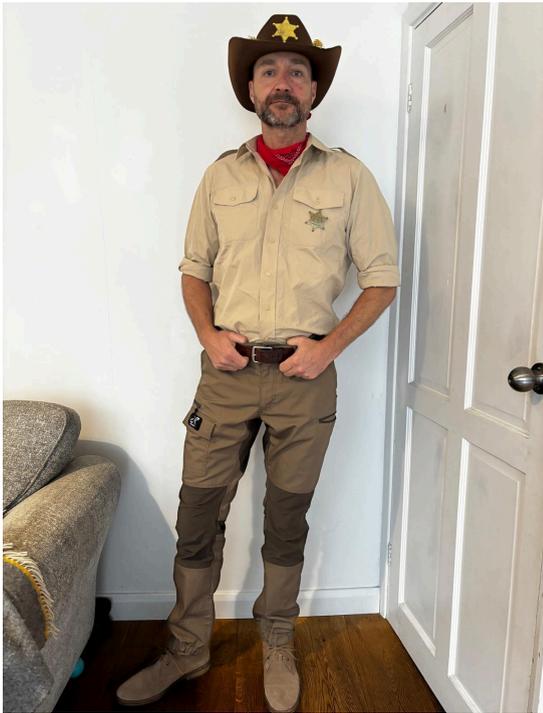


Name: Joseph Chance
Character: Agent A N Other



Name: Julie Clare
Character: Granny Lovage

The Cast



Name: Justin Brett
Character: Sheriff Chester Drawers



Name: Kimane Juneau
Character: David Testimon
(Pilot)



Name: Mandeep Singh
Character: Sensei Randy Matthews



Name: Mark Meer
Character: Craig Kreig

The Cast



Name: Nell Mooney
Character: Dropma Drawers



Name: Oliver Senton
Character: Dr. Burberry



Name: Ruth Bratt
Character: Sugar Butterflour



Name: Safia Lamrani
Character: Hels Kreig

The Cast



Name: Seamus Allen
Character: Peter Jordenson



Name: Talia Pick
Character: Soccer Drawers

About the Show

The London 50-Hour Improvathon

Welcome to Pleasanceville

It's 1980-something in small town America, and life seems just perfect. Kids hang out at the video arcade; dads mow their white picket fence lawns; and the town sheriff has stopped by the local diner for a slice of cherry pie and coffee strong enough to chew.

But it's not just teen diaries that hide secrets in Pleasanceville. What's happening in the high-security government research lab in the woods? Who is the corrupt mayor covering for? And can our intrepid band of misfits save the town in time to get to prom?

The Goonies meets *Twin Peaks* in this totally tubular adventure. Now in its interdimensional 16th year, ***The London 50-Hour Improvathon*** is the ultimate 'you had to be there' event.

The Set

When you enter the auditorium, it will look like the images below. To view the stage, follow **The London 50-Hour Improvathon** on Instagram, [@theimprovathon](https://www.instagram.com/theimprovathon) to see a sneak peek starting on Friday 27th February! Here is where the actors will perform the 100 minute episode.



After the Episode

When the show is finished, the audience will clap to show the cast that they enjoyed the episode. After the performers exit the stage, everyone will leave the theatre, which can be **busy and noisy**.

Enjoy the Show!

